

WE WILL BOUNCE BACK

THE ROYAL REVIEW



ROUND 12

A GRADE vs MITCHAM	H
B GRADE vs MITCHAM	H
C GRADE vs MITCHAM	H
D GRADE vs GOLDEN GROVE	A
QUEENS vs GLENUNGA	A

PAST PLAYERS AND OFFICIALS DAY



Shaw
and
Partners

Thanks to our fabulous sponsor, Shaw and Partners, the Club will celebrate those players and officials who have pulled on the guernsey for the Kings or Queens, or volunteered their time behind the scenes, with a special day at Haslam Oval.

To acknowledge our 90 years in the amateur league, we will launch our POSFC Heritage Kings guernsey which will be proudly worn by our current day A and B grades each year on Past Players' Day. So please join us for what will be a great day of celebration, mateship and reflections.

For \$55 (including GST) you can enjoy lunch and drinks in the War Memorial Pavilion from 12 – 2pm, and an opportunity to reminisce with fellow past players, officials and supporters. During lunch, the Kings Heritage guernsey will be launched and presented to our current A grade side.

Watch the A grade take on traditional rivals Pulteney Old Scholars from either the comfort of the Haslam Grandstand or join current players and supporters on the Haslam 'Hill' adjacent to the Kings Bar. Participate in the A grade sweep where a goal scored by your chosen player will earn you a free drink.

Challenge your old teammates to a kick for goal on the hallowed Haslam turf at half time. Join the A grade and the rest of the footy Club for presentations in the Pavilion immediately after the conclusion of the A grade game. It will be a great day to be a King (or Queen).

Tickets for lunch can be purchased through Try Booking. If you can't make it for lunch, please come down to Haslam Oval to catch up with your mates and support the Club.

We look forward to seeing you, it's Good to be Green.

Kathy Carruthers
President
POSFC

A GRADE MATCH REPORT

KINGS GOAL KICKERS

T.EVANS 4
FORSTER 2



VS



KINGS BEST PLAYERS

T.EVANS
J.GREEN
FALZON
LEVICKI
VAN DER HOEK

	Q1	Q2	Q3	Q4
POSFC	1.0-6	1.0-6	3.2-20	6.3-39
PFC	6.6-42	11.10-76	14.16-100	14.22-106

Last week the boys had a disappointing loss against a strong Plympton at Plympton.

Going into the game we knew it would be a big challenge without a string of key personnel (7 from the previous week's game) due to a combination of illness and university exams. Nevertheless, I had great confidence in the 21 one players selected to execute their role on the day.

Contrary to previous weeks, we were very slow to start and allowed Plympton to gain ascendancy early in the first. They beat us convincingly around stoppages and defended space well on their forward half, making it difficult for us to get our ball movement going. This trend continued in the second quarter, where we were continually beaten in contested footy and across our team KPIs.

At half time I spoke about the need to bring greater intent in the contest and in our defensive efforts, and encouraged the boys to take some risks off half back in attempt to break through a well-structured Plympton who clearly defend well on their small home ground. One positive to take away from the game was the response in the second half, which saw us win many of our team KPIs and ultimately win the scoring for half.

Another positive was the debut of Fred McClure who has been playing some excellent football in the B Grade all season. While it was a tough day to debut as a forward, we are excited to see what Fred can bring to the group over the coming years as he develops into a fine A Grade footballer. Well done Fred!

Well done to Tom Evans who was recognised as our 'Trademark Player of the Week' for his consistency in efforts at training and on gameday, which has translated to some strong performances in previous weeks.

This week we take on Mitcham at home as we strive to make amends for a poor result against Plympton.

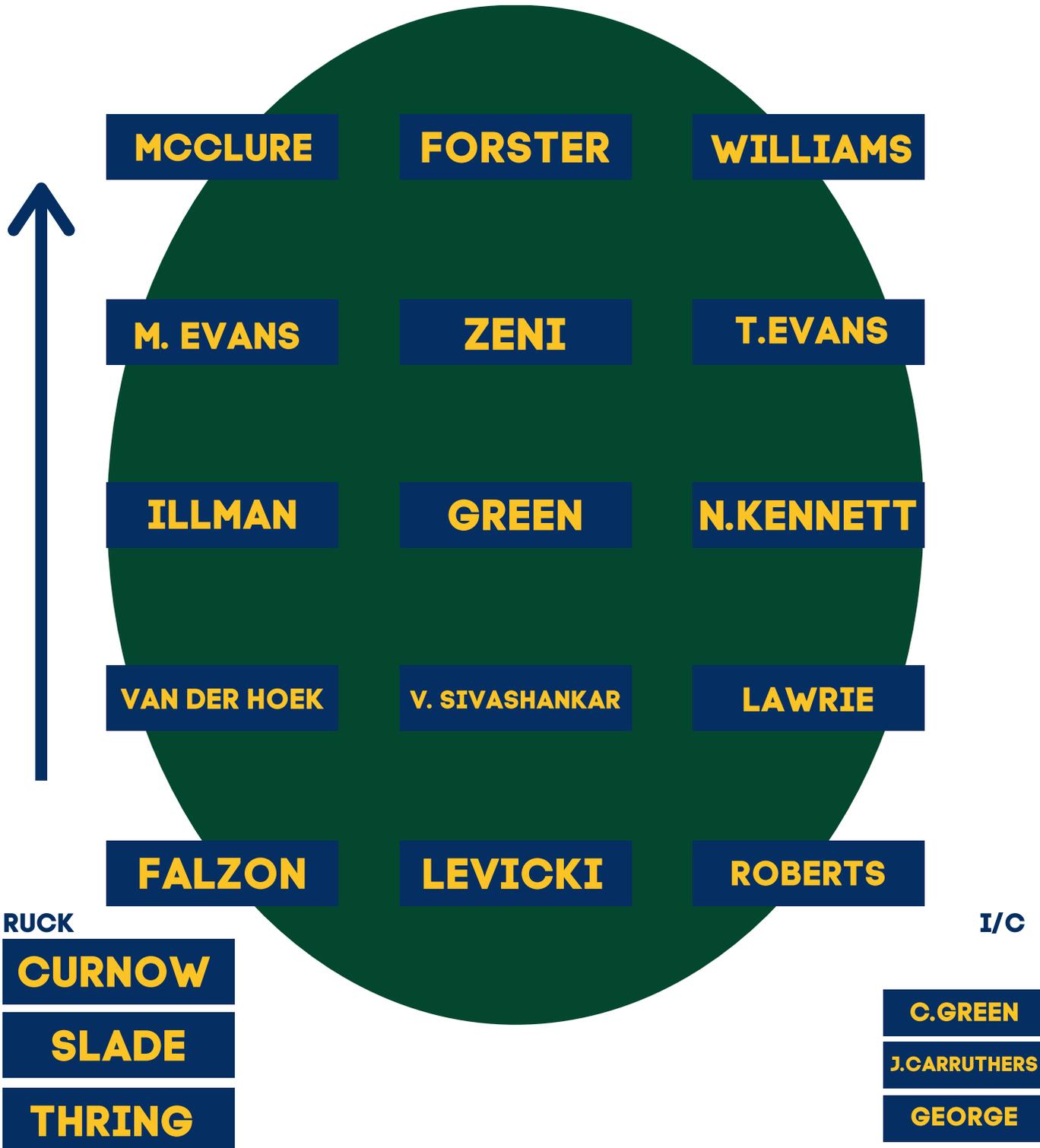
See you at the footy.

Mark Evans

A Grade Coach



A GRADE VS MITCHAM



A GRADE LADDER

#	TEAM	P	PTS	%	W	L	D	BYE
1	Pembroke OS	11	18	124.38	9	2	0	0
2	Plympton	11	16	148.06	8	3	0	0
3	Walkerville	11	16	125.00	8	3	0	0
4	Pooraka	11	14	134.33	7	4	0	0
5	Hope Valley	11	13	104.29	6	4	1	0
6	Portland	11	13	96.80	6	4	1	0
7	Kenilworth	11	8	85.42	4	7	0	0
8	Woodville South	11	6	88.74	3	8	0	0
9	Mitcham	11	6	86.18	3	8	0	0
10	Pulteney	11	0	49.34	0	10	0	0



B GRADE MATCH REPORT

KINGS GOAL KICKERS

ZOANETTI 3
BROWN 1
HOPKINS 1



VS



KINGS BEST PLAYERS

BREDA
CLAYER
BERRY
HOPKINS
WOOD

	Q1	Q2	Q3	Q4
POSFC	1.1-7	3.2-20	4.3-27	5.5-35
PFC	5.4-34	8.6-54	13.7-85	17.12-114

Round 11 we came up against the only side that has beaten us this year and this time we are facing them on their home deck at Plympton who are currently also undefeated and clearly the best team in the comp.

We had 11 changes coming into the most important game for the year so far which is not ideal, but the side we had in place was more than capable and we were full of hope as to what we could provide. Our leadership group were all also not available but the side was lead out by two unofficial leaders in Zoa's and Zebby, we were set for a big one.

Things did not get off to a great start and the Bullbogs waltzed through the front of the centre bounce and kicked truly and the rest of the quarter followed a similar path, although this time we were more competitive around the ground we still simply could not match them. We finished the quarter down by 27 points 1.1-7 to 5.4-24

The second was much, much better for the first half and they were rattled, we were aggressive, physical and beat them in all facets but then something changed, that I still cant identify, and they again got on top and they won the quarter by 1 point. 3.2-20 to 8.6-54

The second half was simply about winning the quarter and winning our position but they were simply better. We tried and the endeavour can not be questioned but we just did not have the calibre of personnel to go with them and lost the game 17.17-114 to 5.5-53.

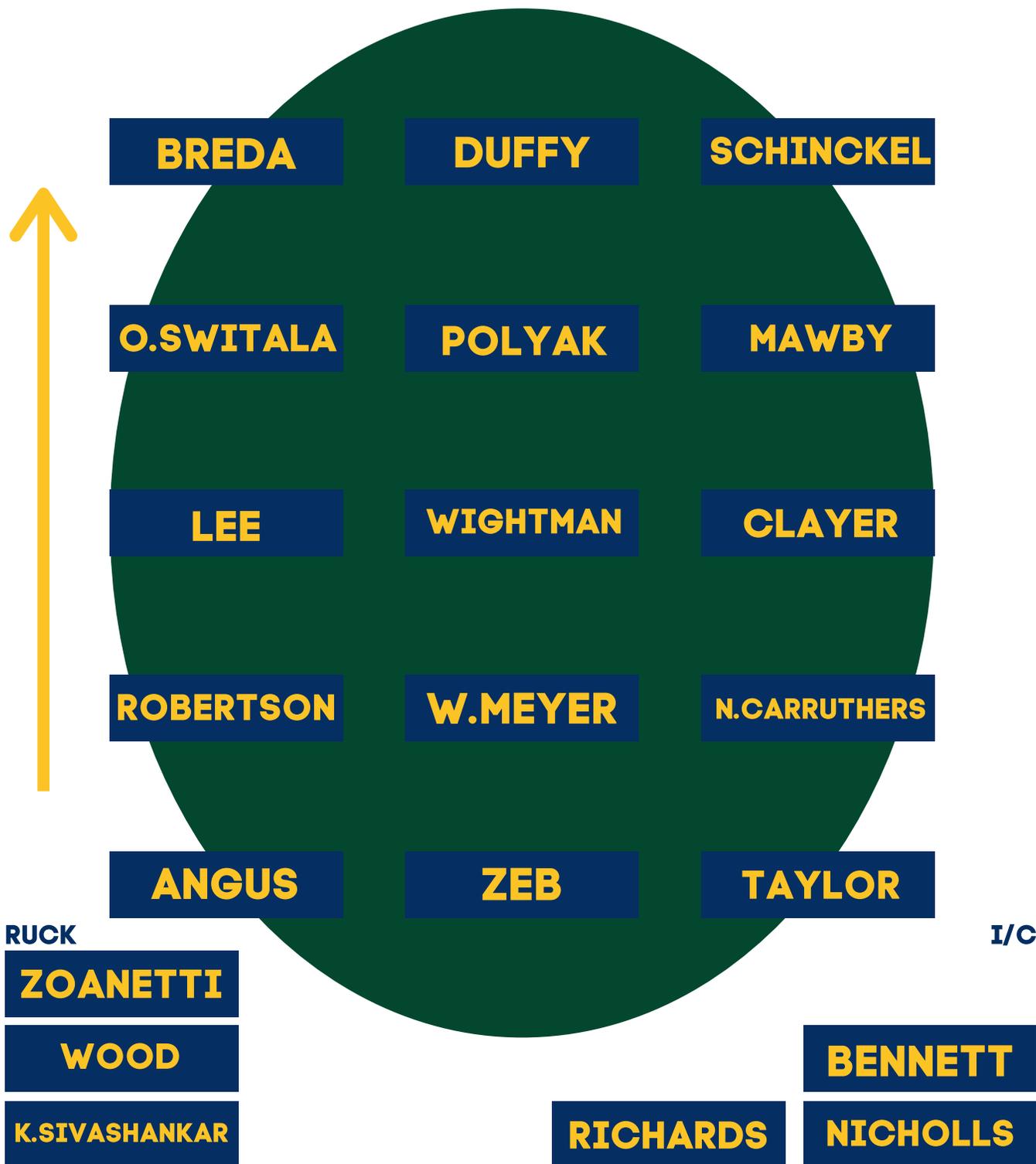
It wasn't our best performance but what is important to note, we know what we need to do to beat them, we will get many if not all of our best 21 in place next time we get them and they had their best sides in for the year in all grades. We just need to train, focus and understand what it will take to win. We have been beaten worse in the second semi in 2020 and we all know how that ended. We will be better for the game.

The sign of a good side is how they respond to a beating, we will respond and we will learn!

Tom Wightman
B Grade Coach



B GRADE VS MITCHAM



B GRADE LADDER

#	TEAM	P	PTS	%	W	L	D	BYE
1	Plympton	11	22	370.66	11	0	0	0
2	Pembroke OS	11	18	171.65	9	2	0	0
3	Walkerville	11	16	195.06	8	3	0	0
4	Woodville South	11	16	160.46	8	3	0	0
5	Pooraka	11	12	120.14	6	5	0	0
6	Mitcham	11	8	77.78	4	7	0	0
7	Kenilworth	11	8	75.98	4	7	0	0
8	Hope Valley	10	5	65.05	2	8	0	0
9	Portland	11	4	41.09	2	9	0	0
10	Pulteney	10	1	26.30	0	9	0	0



C GRADE MATCH REPORT

KINGS GOAL KICKERS

HAMMOND	4
JONE	2
AUGHEY	2
HILLMAN	1
COWHAM	1



VS



KINGS BEST PLAYERS

NICHOLAS
EDWARDS
ONG
COWHAM
WARREN

	Q1	Q2	Q3	Q4
POSFC	3.1-19	5.3-33	7.5-47	10.8-68
PFC	1.3-9	2.6-18	3.8-26	5.8-38

In round 11 the Glamours came up against Plympton in a huge top of the table clash that would go a long way to determining who would finish the season on top of the ladder. Plympton had been really good ever since our big win against them in round 2 and I'm sure they were desperate put in a good showing against us this time around. It was a tumultuous week for the club in terms of injuries with the C grade having 17 changes from the side that beat Hope Valley the week before. On top of this we had 8 of them guys named on Thursday night pull out before our game on Saturday morning. Our backs were against the wall in our most important game of the year so far but we knew we had to step up.

There was a pretty significant breeze to the eastern end in the first quarter that we were kicking into so we were up against it even further. Thankfully we came out firing early with our midfield winning all of the contested ball and surging us forward into attack. We were already lining up on goal in the first couple of minutes with Petey Jones taking a big pack mark in the goal square and converting to get the game off the start we wanted. The remainder of the first quarter was an arm wrestle with our boys coming out on time by the time quarter time siren had sounded. We kicked 3 goals to their 1 goal to head into the first break with a 10 point lead. The score line was Plympton 1.3.9 to Pembroke 3.1.19.

In the second quarter we were kicking with the breeze so we knew we had a great opportunity to extend our lead further. Again our midfield was carrying us with Charlie Nicholas, Brendan Ong and Max Cowham absolutely dominating all day. They played in the midfield all day without rotation and just continually smashed in and ran so hard all day. Even with the breeze this quarter was still very even with the Glamours kicking 2 goals to 1 to extend our lead a bit further heading into the main break. The half time score was Plympton 2.6.18 to Pembroke 5.3.33.

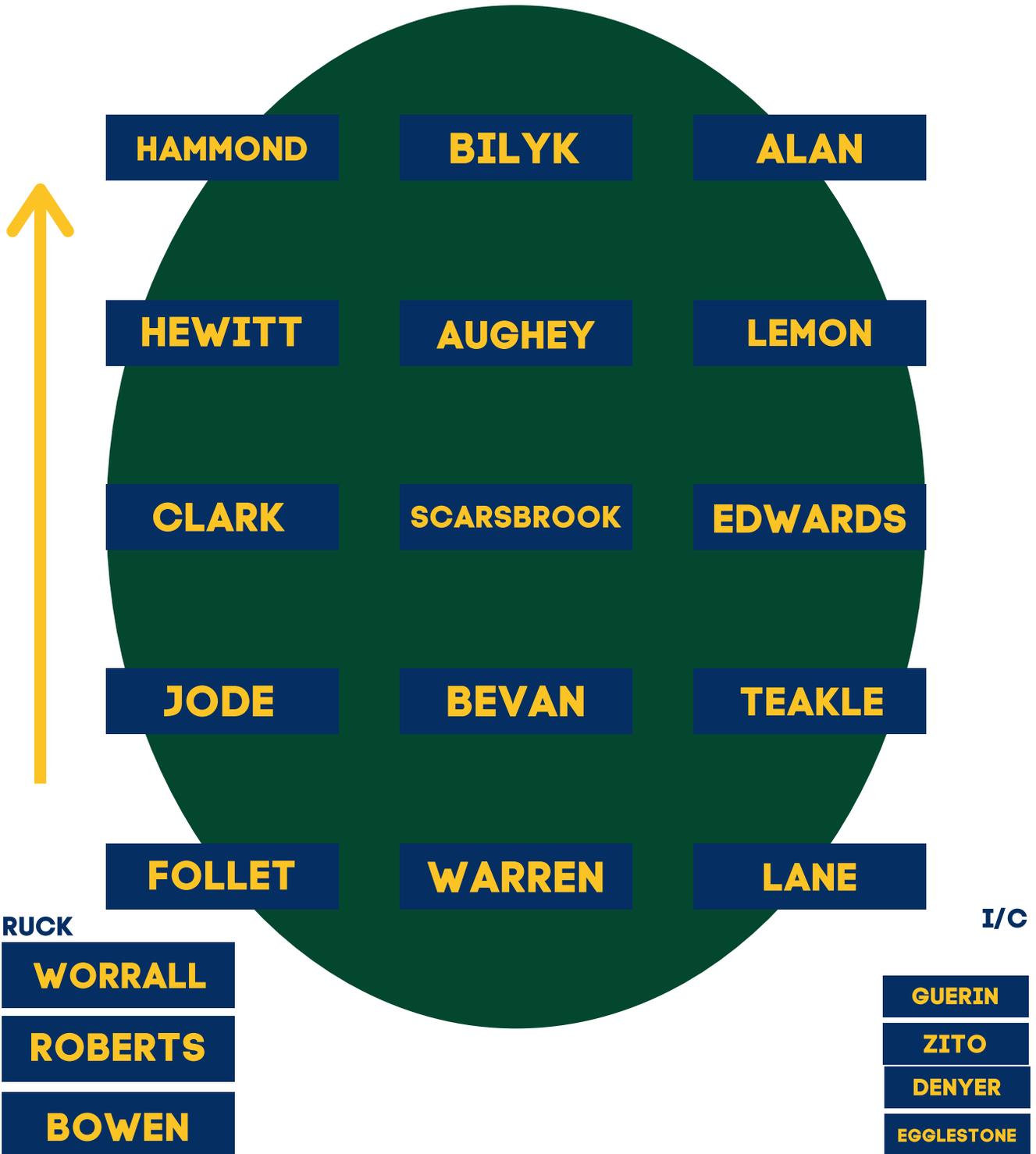
With the breeze not being a huge factor so far throughout the game we knew the second half and the outcome of the game was going to come down to who was prepared to work the hardest. Even though we were down a few numbers this week, I had full faith in the D grade boys that stepped up this week to get the job done. This quarter was another arm wrestle with Plympton trying to work their way back into the game. Thankfully we held up with our back 6 proving to be as solid as ever against some dangerous forwards. Brad Warren at full back along with Mark Lane in back pocket prove to be the most reliable duo at the footy club, they hardly get beaten and they provide so much rebound when they do get the ball. In another tense quarter we managed to kick 2 goals to 1 to extend our lead out to 21 points heading into the final break. The score at 3 quarter time was Plympton 3.8.26 to Pembroke 7.5.47.

Heading into the last quarter all I wanted was more of the same. We had been so solid the entire game and we just needed to finished it off with 22 minutes of hard solid football. Thankfully more of the same was what we got. Lochie Edwards was dominant, providing so much run off the wing and seemingly bringing his own footy to play one of his best games for the club. This last quarter saw us kick 3 goals to 2 to further extend our lead to finally finish the game as 30 point winners. After all the adversity we had faced during the week, to go away to Plympton in a top of the table clash and come away with a win like this is huge. I can safely say it was one of the best wins I've had as coach. Thank you so much to all the D grade boys who helped out this week during their bye, you've more than staked your claim for a slot in the C grade moving forward. Next week we take on Mitcham back at the mighty House of Slam at 10:15am, I cannot wait for this one!

Love the Kings, love the Glams!!!
Steven Bevan,
C Grade Coach



C GRADE VS MITCHAM



C GRADE LADDER

#	TEAM	P	PTS	%	W	L	D	BYE
1	Pembroke OS	8	16	364.38	8	0	0	3
2	Plympton	8	12	148.10	6	2	0	2
3	Mitcham	8	10	128.16	5	3	0	2
4	Woodville South	7	6	86.51	3	4	0	3
5	Walkerville	7	4	78.25	2	5	0	3
6	Hope Valley	7	4	73.39	2	5	0	2
7	Pooraka	7	0	17.70	0	5	0	3
8	Kenilworth	0	0	0	0	0	0	6



D GRADE MATCH REPORT

D GRADE BYE



D GRADE VS GOLDEN GROVE



D GRADE LADDER

#	TEAM	P	PTS	%	W	L	D	BYE
1	Henley	10	18	386.04	9	1	0	1
2	Pembroke OS	9	14	269.03	7	2	0	2
3	Flinders Park	9	14	245.48	7	2	0	2
4	Prince Alfred OC	10	14	151.74	7	3	0	1
5	Adelaide University	10	10	91.44	5	5	0	1
6	Lockleys	10	8	118.38	4	5	0	1
7	Sacred Heart OC	10	6	71.83	3	5	0	1
8	North Haven	10	2	16.32	1	8	0	1
9	Golden Grove	10	0	13.04	0	9	0	1



QUEENS' MATCH REPORT

QUEENS GOAL KICKERS

R.CUNNINGHAM 2
TIERNEY 1
H.CUNNINGHAM 1



VS



QUEENS BEST PLAYERS

CHAPPILL
H.CUNNINGHAM
EDWARDS
CARTER
MALPAS

	Q1	Q2	Q3	Q4
POSFC	1.2-8	1.2-8	3.2-20	4.3-27
PFC	1.2-8	2.4-16	4.5-29	4.7-31

Coming into this game it was always going to be difficult as we had to make a total of 9 changes to the team that defeated lockleys at home. In the first term, we were under a lot of pressure as Pulteney was stronger physically and thus we found it difficult to get it out of our defensive 50. Our defenders were under a lot of pressure however, due to the nature of congested play, Pulteney were not able to capitalize on their forward pressure. Our defensive line of Sarah Malpas, Becky Edwards, and Chloe Chan did a great job holding up the Pulteney forwards.

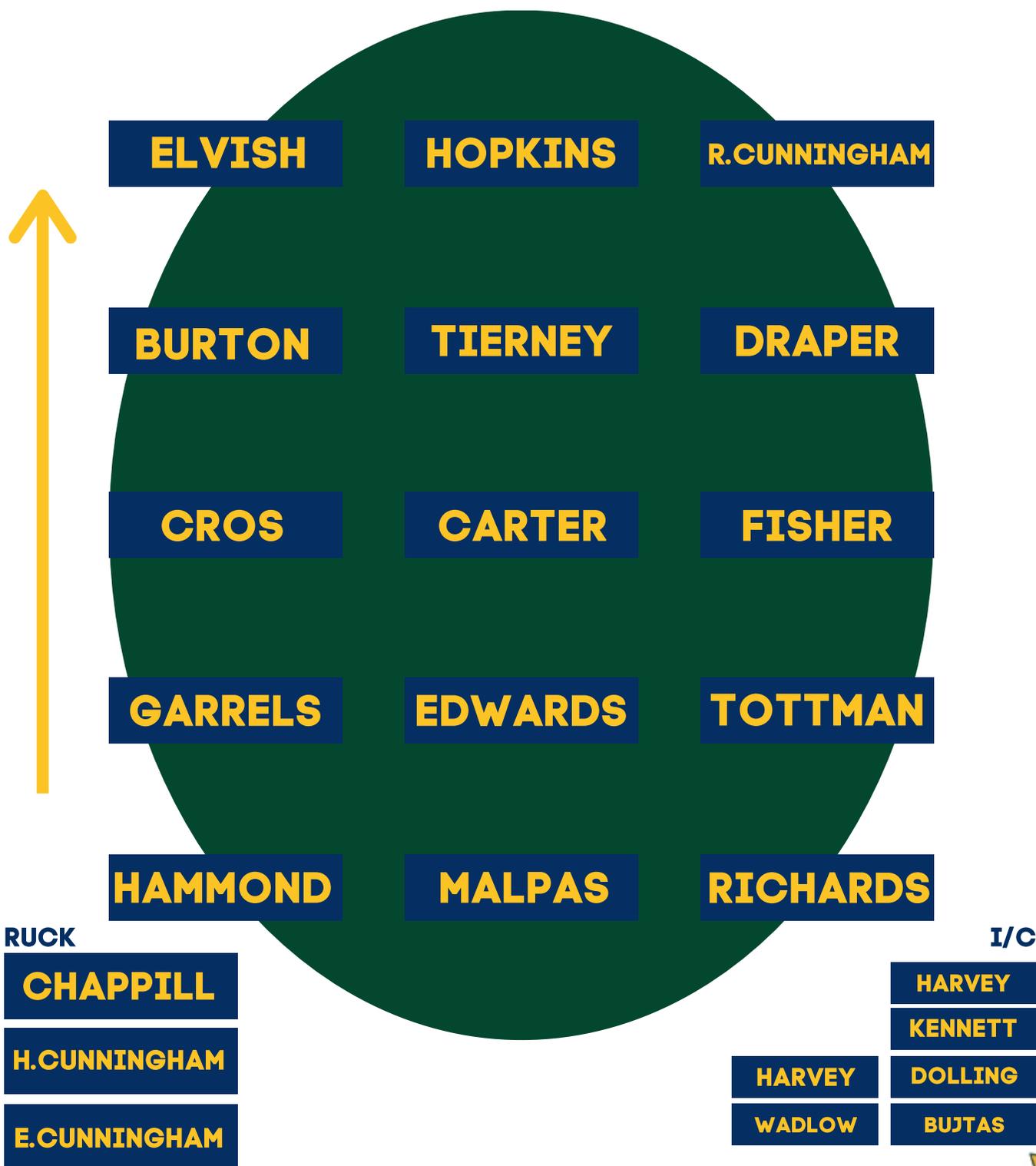
Going into the second term the queens were given the message they were not attacking the ball hard enough and despite our structure being a little unsettled, we needed to win harder and apply more pressure. Emma Chappill, Holly Cunningham, and Ashlea Carter lifted their work rate, keeping us in the game leading into halftime. The third term continued to be quite a physical contest and positively our work rate and system were improving, resulting in an opportunity to snatch an unlikely victory. Ashlea Carter, Eliza C, and Ruby C were getting themselves into the play and had all increased their defensive pressure around the contest. At three-quarter time I emphasized to the queens to keep working hard and apply fast-forward entrees so we had a chance to break down their defensive press.

The last term provided many inside 50s however, we could not get that lucky goal to get us in front. Ruby C earned a free-kick and converted a goal after the siren however, we still went down by 4 points. We still remain on top of the ladder and are really excited about the three rounds at the end of the season leading into the finals, Go Queens!

John Cunningham (JC)
Women's Coach



QUEENS VS GLENUNGA



WOMEN'S LADDER

#	TEAM	P	PTS	%	W	L	D	BYE
1	Pembroke OS	11	18	280.95	9	2	0	0
2	Gepps Cross	11	18	214.16	9	2	0	0
3	Pulteney	11	16	282.46	8	3	0	0
4	Hectorville	11	14	191.98	7	4	0	0
5	Lockleys	11	13	143.53	6	4	1	0
6	Ingle Farm	11	12	115.87	6	5	0	0
7	West Croydon	11	11	111.11	5	5	1	0
8	Glenunga	11	4	31.82	2	8	0	0



PLAYER MILESTONES

PLAYER	GAME TALLY
Charles Canny	192
Ben Wood	189
Tom Kilgariff	98
Zeb Cunningham-Brown	98



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Tom Evans	Tom Evans
Tom Lawrie	The Light Impact (TLI)
Venkha Sivashanker	Regency Flowers
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Zach Slade	Jacqui Ion Lawyers

SAVE THE DATES

FRIDAY 17th June	Norwood Oval night game A & B Grades
SATURDAY 18th June	C Grade and Queens Haslam Oval double header
SATURDAY 18th June	Old Scholar Club Mixer at the Kensi Hotel
SATURDAY 9th July	POSFC Quiz Night
SATURDAY 23rd July	Past Players and Officials day
FRIDAY 14th October	POSFC End of Season Dinner



OUR BOARD AND PRESIDENT

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Alex Breda

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Tom Evans

Sarah Hammond

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Peter Read

Venkha Sivashanker

For further information regarding our memberships and sponsorships, please contact the club's sponsorship team members:

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carruthersconsulting@hotmail.com

Club Website & Facebook Page

To follow the Kings' & Queens' progress throughout 2022:

Visit our [website](#) and follow the club's [Facebook](#) and [Instagram](#) pages.

